

Weekend Backpack Packing List

The goal: Be Prepared, but Pack Light. Your pack should weigh no more than 20 pounds without food, water, and crew gear. 15 pounds is better!

Leader ✓	Scout ✓	Items	Leader ✓	Scout ✓	Items
Packing & Sleeping					
		Backpack Cover or trash bag			Sleeping Pad
		Sleeping Bag in a plastic bag in a waterproof stuff sack.			Sleep clothes inside sleeping bag (could be long underwear or gym shorts, etc.)
Personal Care Items					
		Tooth brush, but no toothpaste.			Glasses/Contacts and care supplies
		Toilet paper (off roll and only what is needed)(inside plastic bag)			Camp Suds for washing (1 oz.)
		Sun Glasses			Medicine
		Chap Stick (SPF15)			Towel (small camp towel at REI, or synthetic car shammy)
		Insect repellent (1 oz.)			First Aid (small!)
		Brown Lunch Sack inside a ziplock (For used TP)			Sunscreen SPF30 (1 oz.)
Other Personal Gear/Items					
		Smellables Bag (ziplock for all lotions, candy, etc. with name)			2 additional Ziploc Bags
		Flashlight or Headlamp (2 AA sized batteries or smaller)			2 large safety pins
		25 feet of nylon cord			Waterproof matches or lighter
		Short pencil and paper			Map case
		Whistle			Signal mirror (CD)
		Knife (very small)			Compass
		Duct Tape (wrap around water bottle, pencil, or other small bottle)			
Cooking					
		Cup			1 Liter Nalgene for Drink Mix
		Spoon (or spork)			2 Liter Platypus for Water w/ hydration tube
Clothing					
		(1) Wool Socks			(1) Underwear (polypropylene)
		(1) Liner Socks			(1) T-Shirt
		Rain jacket/poncho			Rain Pants/poncho

Weekend Backpack Packing List

Leader ✓	Scout ✓	Items	Leader ✓	Scout ✓	Items
		Fleece top			Warm hat
		Lightweight gloves (glove liners)			1 Bandana
		Long Underwear top (poly) (Is this your sleepwear?)(Seasonal)			Long Underwear Bottom (poly) (Is this your sleepwear?)(Seasonal)
Items you will wear on trail					
		Boots (waterproofed)			Convertible Pants (i.e. new scout pants)
		Wool Socks			T-Shirt
		Liner Socks			Underwear
		Scout Shirt for car ride			Sun hat or visor
Optional Items (Remember the Pack Light Goal!)					
		Extra camp shorts (running type with underwear built in are good. Can also use for swimming/hiking.)			Latex gloves
		Sit Pad/Camp char			Camera
		Hand Cream			Watch
		Book			Handwarmers (seasonal)
		Binoculars, Monocular			Cards, Games
		Gaiters			Emergency (space) blanket
		Camp shoes or slippers			Pillow
		Daypack or fanny pack (for day hikes)			Extra Trash bag
		Foot Powder			Fishing Gear
		Camp Towell (backpacking type)			

Patrol Equipment List

✓	Qty.	Equipment	Who
	1	Pot	
		Frying pan as necessary	
		Spatula as necessary	
		Fuel Canister(s)	
	1	Stove (2 if there is only one patrol)	
	1	Turkey Bags and wood clothes pins (advanced scouts only)	
	1	Shovel	

Weekend Backpack Packing List			
-------------------------------	--	--	--

	1	Hammer	
	1	Large Spoon	
	1	Scrubber	
		Group Water Canteen as necessary	
		Water Purification Tabs (optional or as backup)	
	1	Filter (2 if there in only one patrol or have back-up purification tables)	
	1	Sewing kit	
	1	Troop First Aid Kit (This also has duct tape)	
	1	Sawyer Extractor	
	1	Insect Repellent (optional)	
	1	Sun Screen	
		Wash basin (optional)	
	1	Carabineer for Bear Bag	
		Bear canisters as necessary	
	1	Tent per two scouts	
	1	Ground Cloth per tent	